

The Cardinal Virtues

- * Prudence
- * Fortitude
- * Justice
- * Temperance

The Theological Virtues

- * Faith
- * Hope
- * Charity

The Seven Capital Sins

- Pride
- Anger
- Covetousness
- Lust
- Envy
- Gluttony
- Sloth

The Gifts of the Holy Spirit

- Wisdom
- Fortitude
- Understanding
- Counsel
- Knowledge
- Piety
- Fear of the Lord

The Fruits of the Holy Spirit

- Charity
- Generosity
- Joy
- Gentleness
- Peace
- Fidelity
- Patience
- Modesty
- Kindness
- Self-Control
- Goodness
- Chastity

Spiritual Works of Mercy

- Counseling the doubtful
- Instructing the ignorant
- Admonishing the sinner
- Comforting the sorrowful
- Forgiving injuries
- Bearing wrongs patiently
- Praying for the living and the dead

Corporal Works of Mercy

- Feed the hungry
- Give drink to the thirsty
- Shelter the homeless
- Visit the sick
- Visit the prisoners
- Bury the dead
- Give alms to the poor

The Four Last Things of Man

- 1) Death
- 2) Judgement
- 3) Heaven
- 4) Hell