

As for spiritual battles, nothing prepares you to persevere against temptations like the rosary. This subject is explored in the Knights of Columbus “Into the Breach” series, which you can watch [here](#).

#### **4) It’s an opportunity to reflect on the Gospel mysteries.**

When praying the rosary, we are invited to reflect on the [joyful, sorrowful, glorious and luminous mysteries](#) revealed in the Gospels.

By reflecting on these stories from the Gospels, we not only increase our understanding of the life and ministry of Jesus, but we can also discover how God is calling us to live our own lives. As Pope John Paul II states in his apostolic letter, *Rosarium Virginis Marie* (2002), the rosary is a “compendium of the Gospel” and has “all the depth of the Gospel message in its entirety.”

#### **5) It’s the perfect way to make time for God.**

Pope John Paul II also stated in *Rosarium Virginis Marie* that the rosary is a “sweet chain linking us to God” because it gives the faithful time to “contemplate the beauty on the face of Christ and to experience the depths of his love.”

But it is also the First Commandment that we must love the Lord with all of our heart, soul, strength and mind. And Jesus reiterates the vital importance of this commandment in the Gospels when asked, “What must I do to inherit eternal life?”

By praying the rosary, we can put God at the forefront of our lives, while also allowing God to speak with us, as Pope John Paul II affirms in *Rosarium Virginis Marie*.

So, take the time to rediscover the beauty of the rosary today. To learn how to pray it, click [here](#).

5/24/2021

Reference - [Five Reasons You Should Pray the Rosary | KofC.org](#)

