

CDC Guidelines - April, 2021

Start doing more things safely



If you are fully vaccinated against COVID-19, you can start doing many things that you had stopped doing because of the pandemic. When choosing safer activities, consider how COVID-19 is spreading in your community, the number of people participating in the activity, and the location of the activity.

Outdoor visits and activities are safer than indoor activities, and fully vaccinated people can participate in some indoor events safely, without much risk.

We're still learning how vaccines will affect the spread of COVID-19. After you've been fully vaccinated against COVID-19, you should keep taking precautions—like wearing a mask in indoor public places and avoiding indoor large-sized in-person gatherings—until we know more.

Choose safer outdoor activities

	Unvaccinated People	Your Activity	Fully Vaccinated People
Safest		Outdoor Walk, run, or bike outdoors with members of your household	
		Attend a small, outdoor gathering with fully vaccinated family and friends	
		Attend a small, outdoor gathering with fully vaccinated and unvaccinated people	
Less Safe		Dine at an outdoor restaurant with friends from multiple households	
Least Safe		Attend a crowded, outdoor event, like a live performance, parade, or sports event	